

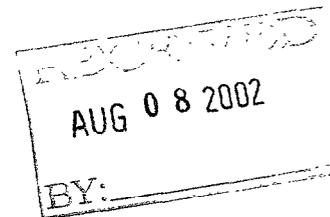


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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 30, 2002



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Mega Ripped Xtreme supplements under the Vitamin World brand name:

Ingredients: *Coleus forskohlii*, Guarana Extract, Ma Huang Extract, *Citrus Aurantium Extract*, Citrus Bioflavonoid Complex, Green Tea Extract, Ginger, White Willow, Cayenne.

- Thermogenically Supports Weight Loss
- Mega Ripped Xtreme contains the same outstanding ingredients found in Mega Ripped including Ma Huang, an appetite suppressant and Thermogenic agent, and Guarana a natural source of caffeine, tannins and saponins.
- The ingredients in Mega Ripped Xtreme work synergistically to provide Thermogenic results and can be used as part of your weight loss plan.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

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